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Sevalal Mahila Mahavidyalaya

Place for Higher Learning and Research (Research Academy)
Sakkardara Square, Umrer Road, Nagpur-440024

Report on Gender Sensitization Programmes



*Academic Session
From 2011-12 to 2015-16*

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INTRODUCTION:

Gender sensitization is a major issue in Indian Society. It is basically a male dominated society where women are always considered on a secondary place in every field of life. In the ancient Indians scriptures women was given a glorified status. She was an embodiment of *Shakti*. However, Manusmruti made such statement about women which relegated to a position of backwardness and timidity. Her status and respectful position in the society suffered during that time.

Considering the vision-2020, Indian society must practice the equality between male and female. Indian constitution has given the equal status to both. Considering this fact the college has organized special workshops, lectures on this sensitive issue of Gender Discrimination.

Gender sensitization seminar, workshops were organized. The detailed report about these programmes is as follows:

Session: 2011-12

Awareness Rally :

National Service Scheme, R.T.M. Nagpur University and Women's and Child Welfare Department, Govt. of Maharashtra organized a awareness rally on 'Female Feticide' on 29th November, 2011. The route for the rally was from Sitabuldi to Kasturchand Park, Nagpur. Our college NSS Unit Co-ordinator Mr. Sharad Bakhade and their NSS volunteers actively participated in the rally.



NSS Unit of the College participated in Rally

Session 2012-13

**University Grants Commission sponsored
Three Days Inter-Collegiate Workshop on
“Tarunyabhan – Jivan Shikshan Karyakram”.
(7th-9th September, 2012)**

University Grants Commission, New Delhi sponsored three days inter-collegiate workshop on “Tarunyabhan–Jivan Shikshan Karyakram” was organized by the Department of Political Science, Sevadal Mahila Mahavidyalaya, Nagpur on dated 7th, 8th and 9th September, 2012. Rs.3,00,000/- was sanctioned by University Grants Commission vide letter F.1-471/2011/(HRE). The workshop sought valuable guidance from three committee members namely Shri Dnyaneshwar Patil, Shri Rajendra Isasare and Mrs. Sunanda Khorgade of SEARCH (Society For Education and Research in Community Health), Gadchiroli led by Dr. Rani Bang and Abhay Bang, the renowned Social Worker from Maharashtra.

SEARCH (Society For Education and Research in Community Health) is an internationally acclaimed institution founded by the well-known social reformer, Dr. Abhay Bang and Dr. Rani Bang. This institute works for the betterment of Indigenous Adivasi people who live in the remote parts of Gadchiroli District in Maharashtra by rendering them services like regular health check-up, disease diagnosis and research. Moreover the institution has been organizing the workshop ‘Tarunyabhan – Jivan Shikshan Karyakram’ since fifteen years to inspire youth for righteous, moral conduct. Keeping in mind this noble mission, Department of Political Science, Sevadal Mahila Mahavidyalaya organized this workshop as an awareness drive in morality, sex education, moral conduct and ethics in the lives of youth in India. This workshop got overwhelming response from students part and around 350 students from various colleges in Nagpur participated in this workshop.

Inaugural Function/Programme (Friday, 07th September 2012, 10.00 am.)

The workshop was inaugurated at the Sevadal Auditorium on dated 7th September, 2012 at 10.00 am. The Chairperson of this inaugural function was Hon’ble Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur, Chief Guest of this function were Shri Dnyaneshwar Patil, Shri Rajendra Esasare and Mrs. Sunanda Khorgade. The Hon’ble Principal of the College Prof. Pravin Charde was present for the inaugural function. In his introductory remarks, Shri Dnyaneshwar Patil talked about the relevance of organizing such programmes and its importance in youth’s life. In the Presidential address honourable Shri Sanjayji Shende landed and congratulated this initiative of the Department of Political Science of the College and wished grant success for the workshop. The students and teaching faculties of various colleges had participated in this inaugural function of the workshop.

The inaugural function was followed by the first technical session of the workshop.



Hon'ble dignitaries on the dais during inaugural function



Hon'ble Guests lightening the traditional lamp



Mr. Pendse welcoming Hon'ble Shri Sanjay Shende



Dr. (Smt.) Mandavgade welcoming Mrs. Sunanda Khorgade



Hon'ble Principal, Prof. Pravin Charde addressing the audience



Shri Dnyaneshwar Patil addressing the gathering

Day First (07th September, 2012)

First Session (11.30 am.)

Three Minutes Test – Shri Dnyaneshwar Patil

In this first session, students were given the questionnaire to solve. Along with this, three minute test was held through which students were told to follow prescribed instruction in the examination and inconvenience and failure occurred by non-compliance of the instructions given during examinations.



Participants during three minutes test

Second Session (12.00 noon to 1.00 pm.)

What is being young?

In the second session, Mrs. Sunanda Khorgade talked on the theme of puberty in one's life and the physical and emotional changes which occur among men and women during this puberty stage. The students were given a thorough information about male and female reproductive organs, their functions and knowledge and prejudice among children when they come to a puberty level of their age.

Lunch Break (1.00 pm. – 2.00 pm.)

Third Session (2.00 pm. – 2.30 pm.)

Group Song – Shri Rajendra Esasare

In this succeeding session, Shri Rajendra Esasare, with the company of students recited a song, “Aamhi Prakashbije rujavit chalalo, vata navya yugachyi ujalit chalalo”, which filled the students optimistic approach towards life.



Shri Rajendra Isasare conducting the song

Fourth Session (2.30 pm. – 4.00 pm.)

Menstrual Cycle : Care and Cleanliness – Mrs. Sunanda Khorgade

In the fourth session, Mrs. Sunanda Khorgade ignited the minds of students with her address on the topic of menstrual cycle : Care and Cleanliness. She thoroughly dealt with the changes that occur in the female body at the time of menstrual cycle. She threw light on the hormonal changes in woman's body and its impacts on her psyche at the time of menstrual cycle, the irregularities in its, its after effects, possible threats, care and cleanliness during menstrual cycle.



Fifth Session (4.00 pm.– 5.00 pm.)

Game – Self Confidence : Shri Dnyaneshwar Patil

In the fifth session of the first day of workshop, Shri Dnyaneshwar Patil enlightened the minds of students through the game on self-confidence. In this game, one had to close her eyes by applying a strip of cloth and make a heap of logs. For this, she had to be confident about her own self and take help of two friends to win the game. While building a heap of logs, she had to rely on her reason of judgment, self confidence. Through this small game, students learnt the importance of self-confidence , mutual co-operation and co-ordination with each other.



Shri Patil conducting Game

Day Second (8th September, 2012)

First Session (9.00 am. – 10.00 am.)

Group Song : Shri Rajendra Isasare

This session started with a group song in which sought an overwhelming response from students.



Shri Rajendra Isasare conducting the session

Second Session (10.00 am. – 11.00 am.)

Pregnancy : Mrs. Sunanda Khorgade

In this session Mrs. Sunanda Khorgade talked about various stages of pregnancy, the structure of foetus and the charges that occur during pregnancy. She pin pointed described about the foetus, its development, the causes of abortion, discrepancies in pregnancy, sex selection of foetus and the twins. She guided the students about the care and its need at the time of pregnancy.



Mrs. Sunanda Khorgade addressing on Pregnancy

Third Session (11.45 am. – 01.00 pm.)

Leprosy, AIDS : Shri Rajendra Esasare

In the succeeding session, Shri Rajendra Esasare enlightened the gathering by throwing light on the diseases like Leprosy, AIDS that cause threat to the very essence of human life. He gave thorough information about male, female reproductive organs and the consequences that occur by not paying heed to the problem related with these organs.

He cautioned the students to take timely threatment and not to neglect such health hazards. Moreover, he talked about AIDS, its symptoms, causes and the prevalent misconceptions about it. He emphasized on the importance of matrimonial sanctity, faithfulness towards the spouse can keep AIDS from family. He also threw light on the prejudices misconception about the person who is affected by AIDS. At the end of this session, the students various question on these issues and their doubts were clarified by the convincing answers.



Shri Rajendra Isasare conducting the session

Lunch Break (01.00 pm. – 02.00 pm.)

Fourth Session (02.00 pm. – 03.15 pm.)

Precautions/Care and Threats during delivery:

In this session, Mrs. Sunanda Khorgade provided valuable information about the possible threats during pregnancy, normal and cesarean delivery etc. She talked about the care and precaution to be taken at the time of delivery and post delivery healing of woman's body. She also talked on the possible threats to the pregnant woman and her foetus esp. to the women who lives in the rural and remote and inaccessible parts of the country. She suffers from such kinds of physical disorder due to a lack of staple diet and sufficient rest.



Mrs. Sunanda Khorgade addressing on Threats during delivery

Riddles Game (3.15 pm. – 4.00 pm.)

In this session, the students were divided into groups of ten each. Group leaders were selected from each group and only they were instructed about what to do next. In this game, every group leader was instructed to apply a strip of cloth on every members eyes and was asked to lead them. Through this game the leadership qualities, coordination among members were taught.



Participants enjoying the Game of Obstacles

Love, attraction and right choice of partner :

In this session Mrs. Sunanda Khorgade stated the importance of recognition between love and attraction and the choice of right partner in one's life. She insisted not to fall victim of temporary heterosexual attraction and its everlasting consequence upon life. She illustriously elaborated the physical intimacy caused by the cheating on the part of a partner. She proposed her stand on the selection of right life partners, his financial background, ability to withstand family responsibility and non-addiction to the substances that cause health issues. She advised students not to fall prey to emotions but to inculcate a sense of conscience in the choice of life partner and to stand against the evil blight of dowry. She further stated that one should be self-reliant and self-sufficient for the welfare of family and the society too.

Day Third (9th September, 2012):

First Session (9.30 am. – 10.00 am.)

Group Song; Shri Rajendra Esasare

The first session of the third day of this workshop started with the recital of song by Shri Rajendraji Esasare. The students also wholeheartedly participated in the recital of these songs which aimed at parodying the existing social evils.

Second Session (10.00 am. – 11.00 am.) :

Games : Shri Dnyaneshwar Patil

In this session, Shri Dnyaneshwarji Patil talked about how to study, how to concentrate and how to develop positivistic approach towards life.

Third Session (11.00 am. – 12.30 pm.)

Cancer : Shri Dnyaneshwar Patil

In this session, Shri Dnyaneshwar Patil provided valuable information about Cancer especially the throat cancer, breast cancer and cervical cancer. Consumption of tobacco and carcinogenic substances is the prominent cause of throat and mouth cancer which destroys the fruitful days of young generation. In women, the ratio of breast cancer and cervical cancer is very high which needs attention and awareness among every household about breast cancer. She stressed upon the timely treatment and attention during the menstrual cycle and constant neglect about the problem of leprosy and female reproductive organs can lead to cervical cancer. The students also seriously responded to the awareness of these serious health issues.



Shri Dnyaneshwar Patil speaking on Cancer

Lunch Break (12.30 pm. – 1.30 pm.)

Fourth Session (1.30 pm. – 2.30 pm.)

Need of Ethics and Family Planning for Happy and Prosperous Married Life: Mrs. Sunanda Khorgade

In this session Mrs. Sunanda Khorgade initiated the cause of faithfulness towards one's life partner as the emblem of responsible citizen of society. She ignited students minds by throwing light on day to day increasing of nuclear families in the society, irresponsible behavior, extra-marital affairs, temporary physical attraction that leads to the life threatening diseases like AIDS. Moreover she stated that the degradation of moral values and ethics, inclination towards blind initiation of Western Culture, and the lack of moral responsibility towards married life and its overcome such social evils in society in

the need of an hour. She urged on the principle of marriage as moral platform in which faithfulness towards spouse, one's character and morality are constantly are based on. She urged the students to be morally responsible towards the upliftment of nation.



Mrs. Sunanda Khorgade addressing on
'Happy and Prosperous Married Life'

Questionnaire and Solution of Problems (2.30 pm. – 3.30 pm.):

During the three days of the workshop, various burning and touching issues in the society were discussed. At the end of these session, students asked questions and all the dignitaries provided satisfactory answers. Students also shared their personal experiences and asked the questions haunting them since long. Mrs. Sunandatai Khorgade convincingly answered those questions and encouraged students to come forward in the positivistic manner. Many of the students graciously thanked the college for such a beautiful organization of such workshops.

Valedictory Function:

The valedictory function of the workshop was held on dated 9th September, 2012 at about 4.00 – 5.00 pm. The Chairperson of Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur, Prof. Pravin Charde, Principal, Sevadal Mahila Mahavidyalaya, Nagpur was the Chief Guest of this function. The teaching fraternity of various college had also actively participated in the programme. The organizing Secretary of this workshop presented a report after the welcome ceremony of the guests. Later on the students from various college also shared their views on this occasion and congratulated and thanked the college for giving such a golden opportunity to participate in this workshop. Some of the students also proposed vote of thanks by reciting the poems.

Prof. Pravin Charde in his Guest address congratulated the students for participation in this workshop and proposed to inculcate a sense of recognition of young age and wished students to mould and shape their lives in right direction.

Mrs. Sunandatai Khorgade also addressed the gathering with a message to follow the principle of righteous behaviour to enjoy the true essence of life through the moral

direction. In his Presidential speech Shri Sanjayji Shende congratulated the organizers of this workshop and wish a great future ahead to the students.

At the concluding part of the function the Organizing Secretary proposed a vote of thanks for the successful organization of this workshop. The workshop concluded with the distribution of certificates to the participants.



Ms. Dhandekar, Organizing Secretary
presenting brief report of the workshop



Participant presenting their feedback of
Three Days Workshop



Mrs. Sunanda Khorgade addressing
the gathering



Hon'ble Shri Sanjayji Shende
addressing the gathering



Participants during the Valedictory Session



Lightening the Symbolic 'Dnyan Jyot' in
Valedictory Function

Session: 2013 -14

Gender Sensitization Workshop

Gender sensitization workshop was jointly organized on 28th January, 2014 by the Department of Political Science and Cultural Committee of the College. Renowned Social Worker Mrs. Maitreyi Kale was invited to conduct the workshop.

During the workshop Mrs. Kale explained the concept of 'Gender'. She differentiated the words 'Sex' and 'Gender'. She also explained the current gender status in Indian society. She made the students aware about the declining male-female gender ratio in population. The reasons behind this problem were also discussed. She compared the status of women in Indian society with the rest of the world.

Through the group discussion many topics were discussed. All the students were divided in 10 groups. They were given the topics to discuss and the Group Leader was present the views of their group. Each and every student participated in this activity. Some video clips based on gender difference were shown. Some of movie clips also shown.

Mrs. Kale Madam also touched various burning topics regarding the domestic violence. She shared the valuable information about some of the laws which are very helpful for women. She also advised the students to understand their responsibilities as a responsible citizen. Being a girl one should know their rights as well as duties. She insisted the students to work hard to make career and to be independent. She also suggested not to behave emotionally but rationally.

At the end of the workshop all the students sung a song 'Hum Honge Kamyab Ek Din'. All the participants made the workshop successful with their overwhelming response.



Mrs. Maitreyi Kale during
PowerPoint Presentation



Participants presenting their views

Session: 2014 -15

Gender Sensitization Workshop

Gender sensitization workshop was jointly organized on 20th December, 2014 by the Department of Political Science and Cultural Committee of the College. Renowned Social Worker Mrs. Maitreyi Kale was invited to conduct the workshop.

Mrs. Kale explained about gender discrimination which is the keen issue in the history of Indian society. Indian society which is basically a male dominated society where women are always considered on a secondary place in every field of life. She gave a brief history of the social reforms which were started in the 20th Century. British regime and its education policy made certain changes in Indian society. Some of the radical reformist insisted to introspect the status of women in Indian society, religion and culture. She gave many examples of this women liberation process. She also insisted to arrange such workshop, seminars even in this 21st century as the mindset of the society is not yet properly changed. Still the problems of women foeticide, sexual harassment and domestic violence are a serious issue in the society.

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At the end of the workshop all the students sung a song 'Hum Honge Kamyab Ek Din'. All the participants made the workshop successful with their overwhelming response.



Group Leader presenting the views of their groups

2) Guest Lecture on “Prevention of Female Foeticide”:

Alumni Association, Sevadal Mahila Mahavidyalaya and Giants International Giants Metro City, Nagpur collaboratively organized a Guest Lecture on dated 24th September, 2014 by Shri Ved Prakash Mishra on the awareness for “**Prevention of Female Foeticide**”. He is the Chief Advisor, Datta Meghe Institute of Medical Sciences, Vice Chancellor, Krishna Medical Institute of Medical Sciences and Chairman, Academic Cell, Medical Council of India. Hon'ble Shri Sanjay Shende, President, Sevadal Education Society, Nagpur; Prof. Pravin Charde, Principal, Sevadal Mahila

Mahavidyalaya, Shri Purushottam Dakole, Shri Govindrao Patel and Shri Rajeshji Kakade were prominently present for this function.



Dr. Vedprakash Mishra addressing the gathering Delegates and Students in the Guest Lecture

3) Guest Lecture on “Today’s Youth and their Emotional and Psychological Relations with their Parents”.

Alumni Association of the College in collaboration with Students Guidance Cell and International Metro Giants Group, Nagpur conducted a Guest Lecture on “*Today’s Youth and their Emotional and Psychological Relations with their Parents*” on dated 30.12.2014. The Guest Speaker was Dr. Rajeev Mohota a renowned paedetrician and National speaker. He spoke on various behavioural traits. He said that youngsters should decide what they want to do in their life from childhood. He said we are constantly chained by the thought of career and in this process we forget some of the finer aspects of life. In his speech he said that the main reason behind all the problems which the youth are facing is less time given by parents to the children and this can be overcome if youth spends more time with parents and family. It was a learning interactive session for the students where he answered all the queries put up by the students to their full satisfaction. The lecture concluded with a vote of thanks proposed by Dr. (Mrs.) P. P. Chahande, Convener, Alumni Association.



Dr. Rajeev Mohota delivering Guest Lecture

Students listening to the Guest Lecture

Session: 2015 -16

Workshop on Gender Sensitization

Gender sensitization workshop was jointly organized on 26th August, 2015 by Students Guidance and Counseling Cell and Cultural Committee of the College. Renowned Social Worker Mrs. Maitreyi Kale was invited to conduct the workshop.

Gender sensitization is a major issue in Indian Society as it is basically a male dominated society. Mrs. Kale explained about gender discrimination where women are always considered on a secondary place in every field of life.

The glory of modern Indian women continues to enlighten the world in every field. Despite of all glory and sacrifice the women in India are still treated as second class citizen. The stories of female torture, rape, bride-burning and many more are heart even today. She explained that the solution of this problem is deeply rooted in our psychic. She insisted on to bring change in the mentality of the society and to given and equal opportunity to become stronger and powerful.

Through the group discussion many topics were discussed. Some video clips based on gender difference were shown. Some of movie clips also shown. All the participants made workshop successful with their overwhelming response.



Ms. Manwatkar introducing the Guest Speaker



Mrs. Kale Madam interacting with students.

Guest Lecture:

The Guest Lecture for students of the college was organized by the Library Department on 17th October, 2015. The topic of the lecture, “Student Counseling for Developing Good Attitude” (Muli Jara Japun). Lecture was delivered by Prof. (Mrs.) Vijaya Marotkar, Lecturer, New English Junior College, Nagpur. The motive behind this lecture was to develop good habits specially among the girls student and avoid the bad habits like misuse of social media, mobile, TV etc.

Students responded very positively throughout the lecture. Question-answer session was followed by the lecture. Overall 400 students attended the lecture.



Dr. Rokade introducing the Guest Speaker



Prof. Marotkar delivering Guest Lecture